

# PORT·REGIS

## Our Sports Facilities

SPORT/ACTIVITY	DETAILS	AVAILABLE TO HIRE
Swimming	25m Indoor Heated Pool for swimming lessons, galas and water polo	YES
Gymnastics	Competition Grade Gymnasium	YES
Basketball	Indoor full basketball court and two, half sizes courts	YES
Netball	Four outdoor courts where we have the pleasure of hosting the annual IAPS and one indoor court	YES
Tennis	9 Astro tennis courts as well as 4 hard surface tennis courts	YES
Rugby	5 rugby pitches with posts as well as 4 smaller mini rugby pitches	YES
Football	8 grass football pitches, as well as access to 2 Astro pitches	YES
Hockey	Floodlit full size Astro pitch, split in 2 for 7 a side hockey	YES
Cricket	One grass square with 6 wickets, three artificial wickets 5 grass pitches suitable for softball cricket. Two electronic scoreboards and 12 outdoor nets plus two indoor nets. Additional Astro capacity.	YES
Golf	6 Hole Golf Course with a practice net and indoor softball practice area	YES
Athletics	400m grass track, hurdles and multiple field event areas for all of the throws and jumps	YES
Archery	Outdoor archery area	Contact us
Cross Country	Various routes around the grounds including areas through the woods	YES
Squash	2 squash courts (1 glass back, 1 solid back)	YES
Dance	Indoor dance hall (ballet and street dance)	Contact us
Lacrosse	Grass lacrosse pitch as well as use of the Astro for training	YES
Additional Indoor Sports	4 badminton courts, 1 volleyball court, 2 mini tennis courts, space for yoga, fencing	YES
Additional Outdoor Sports	Rifle range, quidditch pitch, bike trail, skate ramp and assault course	Contact us
The Wider Grounds	150 acres of pitches, open parkland and woodland for cross country events, park runs, hosting events	Contact us

If you are interested in hiring any of our available facilities, please contact  
[sportscentre@portregis.com](mailto:sportscentre@portregis.com)